

PLANNING THE TRIP HOME FROM KNEE SURGERY

	Date	Task
<input type="checkbox"/>		have a backup plan with the phone number of a taxi service with large vehicles
<input type="checkbox"/>		make sure that my ramp is handy near the front door
<input type="checkbox"/>		make sure my key and phone are not deep in my suitcase
<input type="checkbox"/>		plan that the neighbour has a key handy for my front door
<input type="checkbox"/>		let a friend or relative know when I am leaving the hospital
<input type="checkbox"/>		ask my doctor for a prescription for painkillers to have handy at home when I return
<input type="checkbox"/>		have something handy in case constipation is an issue from the strong hospital painkillers
<input type="checkbox"/>		have all my support telephone numbers on my phone or handy by the bed

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